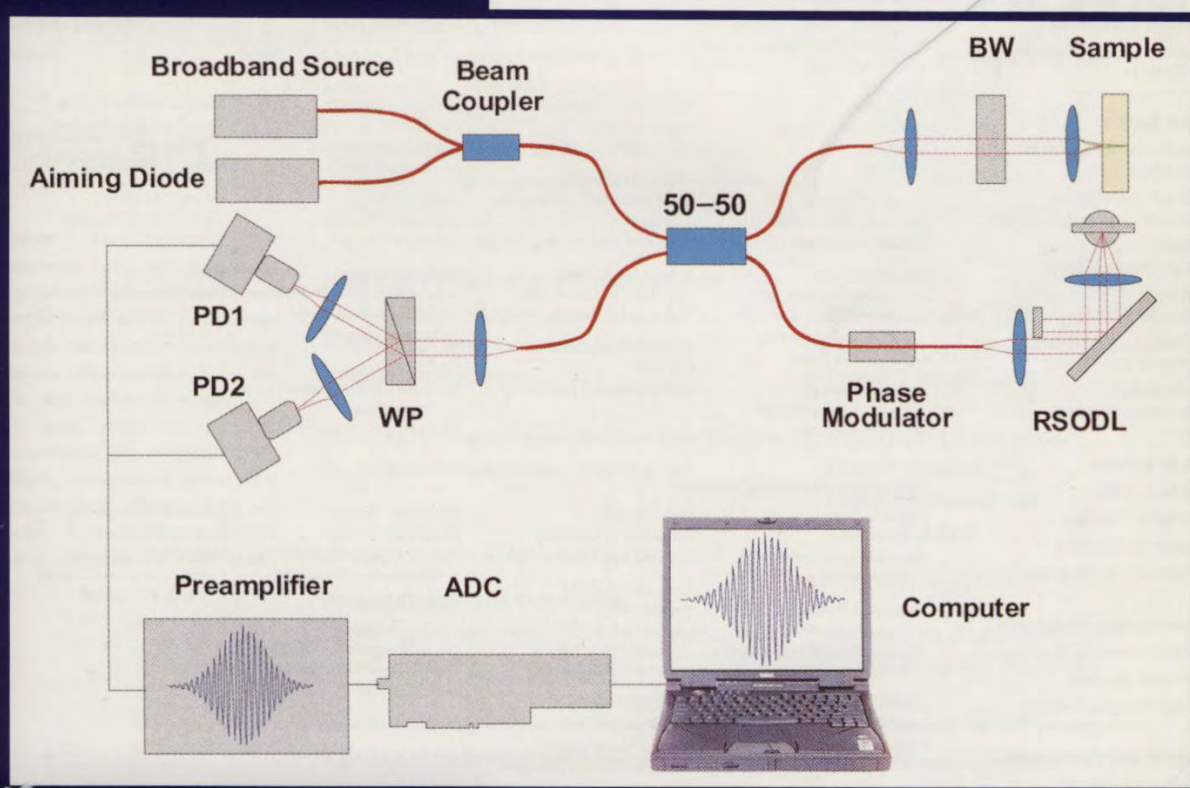


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Schematic of the polarization-maintaining fiber-based dual-channel optical low-coherence reflectometer used for the optical measurement of glucose concentration in turbid media. BW, birefringent wedges; 50-50, beam splitter; PD1 and PD2, photometers; WP, Wollaston prism; RSODL, rapid-scanning optical delay line; and ADC, analog-to-digital converter. For more details, see the paper by Larin *et al.*, pp. 3408-3414.

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α -Si:H/SiO₂ multilayer films fabricated by radio-frequency magnetron sputtering for optical filters

Hidehiko Yoda, Kazuo Shiraishi, Yuji Hiratani, and Osamu Hanaizumi

We examined the optical properties of α -Si:H/SiO₂ multilayer films fabricated by radio-frequency magnetron sputtering for optical bandpass filters (BPFs). Because of the high refractive-index contrast between α -Si:H and SiO₂, the total number of layers of an α -Si:H/SiO₂ multilayer can be relatively small. We obtained an α -Si:H refractive index of 3.6 at $\lambda = 1550$ nm and its extinction coefficient $k < 1 \times 10^{-4}$ and confirmed by Fourier-transform infrared spectroscopy that such small k is influenced by the Si-H bonding in the film. We fabricated α -Si:H/SiO₂ BPFs by using *in situ* optical monitoring. Thermal tuning of α -Si:H/SiO₂ BPF upon a silica substrate was also performed, and a thermal tunability coefficient of 0.07 nm/°C was obtained. © 2004 Optical Society of America

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1. Introduction

Dense-coarse wavelength-division multiplexing (WDM) is widely used in optical fiber communication today. Key components of the system are narrow-wide optical bandpass filters (BPFs) with flat-topped spectra, which are used to extract a specific signal from among a number of WDM signals. The BPFs are formed from alternating multilayer films of two dielectric materials such as Ta₂O₅/SiO₂ and TiO₂/SiO₂ with high-low refractive indices. However, a Ta₂O₅/SiO₂ BPF requires a multilayer with 50 to hundreds of layers,^{1,2} which makes fabricating this material difficult because a stack of films causes thickness errors or film stress.² The total number of layers of a multilayer can be reduced by choice of a pair of materials with high refractive-index contrast, which is defined as the high index of one material divided by the low index of another. Two such pairs of materials are hydrogenated amorphous silicon (α -Si:H) and silicon dioxide (SiO₂), and α -Si:H and silicon nitride (Si₃N₄),³ of which the refractive-index contrasts are 2.5 and 2.0, respectively, whereas the

index contrast of Ta₂O₅/SiO₂ is 1.45. Therefore α -Si:H/SiO₂ multilayer films have the major advantage that the total number of layers of the multilayer is almost half of that of Ta₂O₅/SiO₂ multilayer films. We studied Si/SiO₂ multilayer films for optical devices such as laminated polarized splitters and filters by using radio-frequency (RF) magnetron sputtering equipment with a Si target.^{4,5} In equipment that employs a Si target, hydrogenated amorphous silicon oxide (α -SiO_x:H, $0 \leq x \leq 2$) with refractive indices of 1.44 (SiO₂) to 3.6 (α -Si:H) is deposited by control of O₂ gas flow. Refractive-index-controllable materials such as α -SiO_x:H and α -SiN_x:H can be applied to fabrication of rugate filters.^{6,7}

In this study we examined the optical properties of α -Si:H and SiO₂ films fabricated by RF magnetron sputtering and determined deposition conditions for α -SiO_x:H films as well. We fabricated an α -Si:H/SiO₂ BPF with 27 layers and demonstrated its thermal tuning. We also found that the α -SiO_x:H film shows promise for fabricating rugate filters by control of oxidation parameter x .

2. Optical Properties of α -Si:H and SiO₂ Films

It is necessary to know the optical properties and microstructure of filter materials α -Si:H and SiO₂ to predict filter performance, so we deposited α -Si:H and SiO₂ films by using RF magnetron sputtering equipment, as shown in Fig. 1. The sputtering equipment consists of a RF generator operating at a frequency of 13.56 MHz; a silicon Si target on a magnet; two mass-flow controllers for argon, including hydrogen (Ar + H₂) and oxygen (O₂) gases; a heater; and a thermo-

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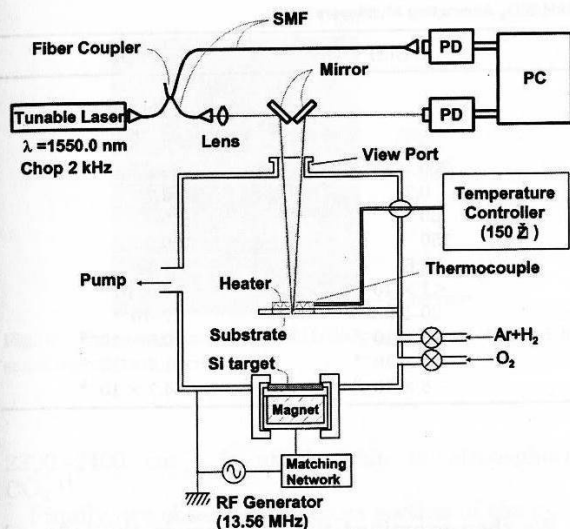


Fig. 1. RF magnetron sputtering equipment and optical monitoring system: PDs, photodetectors; PC, personal computer; SMF, single-mode fiber.

couple for substrate-temperature control. When Ar + H₂ gas flows at an appropriate gas pressure and RF power, Ar and H ions are formed, and then the Si target is sputtered. The sputtered Si particles fly and react with H ions, and as a result *a*-Si:H film is deposited onto the substrate, which is placed 10 cm above the Si target. In our experiment the *a*-Si:H film had sufficiently low absorption in the near-infrared region to form optical filters. If 100% Ar gas were used instead of the Ar + H₂ gas mixture, *a*-Si film with high absorption in the region would be deposited. Next, when O₂ gas flows with Ar + H₂ gas, sputtered Si particles react with O ions and then SiO₂ film is deposited onto the substrate.

First we examined two parameters, *a*-Si:H refractive index at wavelength $\lambda = 1550$ nm and O₂ gas flow for the SiO₂ film, under various conditions of RF power, gas pressure, and O₂ gas flow ratio. Amorphous Si:H film was deposited onto silica substrates to a thickness of several micrometers. The refractive index can be estimated from the peak wavelengths in transmittance (or reflectance) and the film thickness under a reasonable assumption of an extinction coefficient equal to 0. Figure 2 shows the refractive index of *a*-Si:H and its oxide (*a*-SiO_x:H, $0 < x \leq 2$) films at $\lambda = 1550$ nm as functions of RF power (300 or 500 W) and gas flow ratio O₂/(Ar + H₂ + O₂). Here, total gas (Ar + H₂ + O₂) flow, gas pressure, and substrate temperature were kept at 20 SCCM, 1.0 Pa, and 150 °C, respectively, where SCCM denotes cubic centimeters per minute at STP. The refractive index of *a*-Si:H was obtained at an O₂ gas flow ratio of 0 in Fig. 2, which is read as being ~3.6. As the O₂ gas flow ratio increases, the refractive index of *a*-SiO_x:H film gradually decreases and suddenly falls off to the SiO₂ refractive index (1.44) at a critical value. We know that this critical value varies with

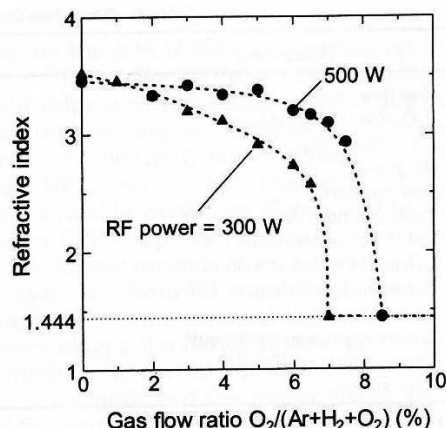


Fig. 2. Refractive index of *a*-Si:H and its oxide films at $\lambda = 1550$ nm as functions of RF power and O₂ gas flow ratio O₂/(Ar + H₂ + O₂) at a gas pressure of 1.0 Pa.

each RF power. Figure 3 shows the refractive indices of *a*-Si:H and *a*-SiO_x:H films at $\lambda = 1550$ nm as functions of gas pressure (0.7 or 1.0 Pa) and O₂ gas flow ratio. Here the total gas flow, RF power, and substrate temperature are 20 SCCM, 300 W, and 150 °C, respectively. For a gas pressure of 0.7 Pa the refractive index decreases gradually from 3.6 to 2.2 as the O₂ gas flow ratio is increased from 0% to 9%. The gradual and wide change in the refractive index is useful for controlling the refractive index of *a*-SiO_x:H and for rugate filter applications, so we decided to use the deposition conditions listed in Table 1, setting the O₂ gas flow ratio for SiO₂ at 20% to have enough margin for error.

Next we deposited *a*-Si:H film under the conditions in Table 1 and examined its refractive index and the dependence of its extinction coefficient on wavelength. We measured the film spectrum, both transmittance and reflectance, by using a spectrophotometer with a halogen lamp as the light source and with an output

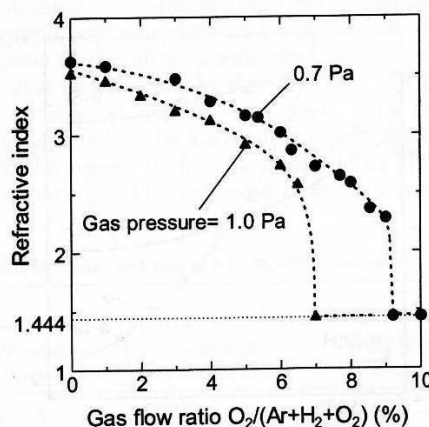


Fig. 3. Refractive index of *a*-Si:H and its oxide films at $\lambda = 1550$ nm as functions of gas pressure and O₂ gas flow ratio O₂/(Ar + H₂ + O₂) at a RF power of 300 W.

Table 1. Deposition Conditions for *a*-Si:H/SiO₂ Alternating Multilayers

Parameter	Unit	<i>a</i> -Si:H	SiO ₂
Gas flow ratio			
O ₂ /(Ar + H ₂ + O ₂)	%	0	20
H ₂ /(Ar + H ₂)	%	5	5
RF power	W	300	300
Gas pressure	Pa	0.7	0.7
Total gas flow, Ar + H ₂ + O ₂	SCCM	20	20
Substrate temperature	°C	150	150
Refractive index at 1.55 μm		3.6	1.44
Extinction coefficient at 1.55 μm		$<1 \times 10^{-4}$	$<1 \times 10^{-5}$
Deposition rate	nm/min	20–24	7–10
Linear expansion coefficient ^a	°C ⁻¹	1×10^{-6}	0.5×10^{-6}
Thermo-optic coefficient ^b	°C ⁻¹	3×10^{-4}	1.2×10^{-5}
Film stress	dyn/cm ²	-8×10^{-9}	-4.7×10^{-9}

^aRef. 15.

^bRef. 16.

power stability of $\pm 0.5\%$. The *a*-Si:H film thickness was 2880 ± 15 nm, which was measured by a surface profilometer. The *a*-Si:H refractive index and extinction coefficient with error bars could then be calculated from the data of film spectrum and thickness.

Figure 4 shows the *a*-Si:H refractive index (*n*) and extinction coefficient (*k*) with error bars as a function of wavelength. From Fig. 4 the *a*-Si:H refractive index at $\lambda = 1550$ nm is estimated to be $n = 3.59 \pm 0.015$. The *a*-Si:H extinction coefficient at $\lambda = 1550$ nm is estimated to be approximately $k < 1 \times 10^{-4}$. The coefficient of the *a*-Si:H film is smaller by 1 order of magnitude than that in the nonhydrogenated *a*-Si film with $k = 5 \times 10^{-3}$. The value of $k < 1 \times 10^{-4}$ is sufficiently small to permit fabrication of multiple-cavity BPFs (which correspond to a loss of <0.5 dB). Note that SiO₂ films were deposited upon the silica substrate with $n = 1.44$ and $k < 10^{-5}$ at $\lambda = 1550$ nm but that there was almost no change in the SiO₂ film spectrum compared with the silica substrate spectrum, so we regarded the optical constant of the SiO₂ film as being the same as that of the silica substrate.

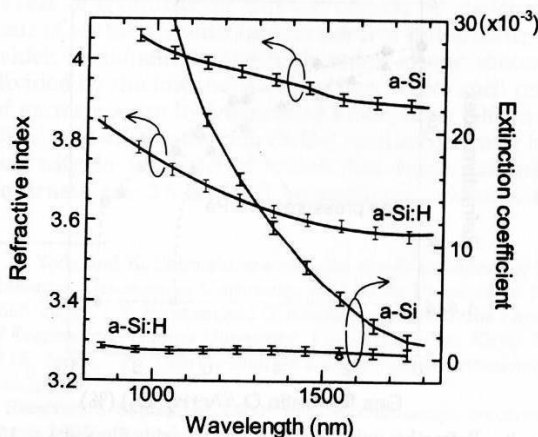


Fig. 4. Refractive index and extinction coefficient of *a*-Si:H and Si:H as functions of wavelength.

We then examined the spectrum in the infrared region to confirm the existence of hydrogen in the film. Amorphous Si:H, *a*-Si, and SiO₂ films were deposited onto a silicon substrate that had low absorption in the infrared region. The spectrum was measured by Fourier-transform infrared spectroscopy (FTIR) to ensure that the film was sufficiently thin for the FTIR spectrum not to suffer interference in the infrared region. The FTIR spectrum is shown in Fig. 5. The *a*-Si:H spectrum had Si-H absorption peaks centered at 630 and 2000 cm⁻¹.⁸ The absorption peaks of Si-H are not shown in the *a*-Si and SiO₂ spectra. This result means that the *a*-Si:H film is certainly hydrogenated and that the SiO₂ film is not hydrogenated. Therefore, Si-H bonding in the film is the reason for the 1-order-of-magnitude greater loss of *a*-Si:H film than of *a*-Si film. The absorption peaks near 450, 800, and 1060 cm⁻¹ are associated with the Si-O stretching band.⁹ The noise near 1350–1900 cm⁻¹ is due to the presence of atmospheric water in the FTIR system.¹⁰ The peak near

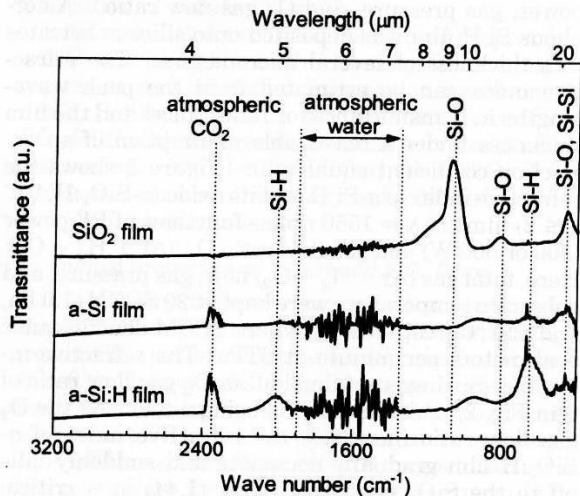


Fig. 5. FTIR spectrum.

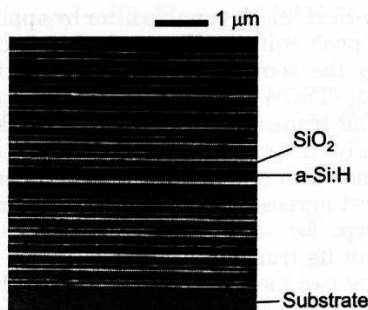


Fig. 6. Cross section of an α -Si:H/SiO₂ multilayer obtained by scanning-electron microscopy.

2300–2400 cm⁻¹ is attributable to atmospheric CO₂.¹¹

Finally, we observed the cross section of the α -Si:H/SiO₂ alternating multilayer by scanning-electron microscopy to confirm the homogeneity and high density of the deposited films. We fabricated the α -Si:H/SiO₂ alternating multilayer by switching the O₂ gas flow on and off at a constant interval, using the sputtering equipment shown in Fig. 1. Before observation, we wet etched the α -Si:H layers by using a 34% KOH solution to distinguish between α -Si:H and SiO₂ layers. A scanning-electron microphotograph of the cross section is shown in Fig. 6, indicating that each film is homogeneous and has a high density of almost 1.

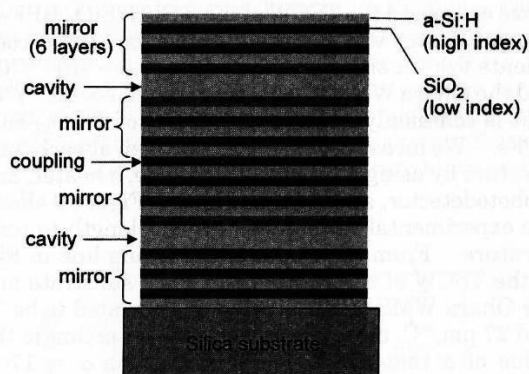


Fig. 7. Structure of an α -Si:H/SiO₂ double-cavity BPF with 27 layers.

3. Application for Optical Filters

We applied the α -Si:H/SiO₂ alternating multilayers to optical BPFs. For BPFs in a dense WDM system the bandwidth and the spectral shape of BPFs are the key parameters; they are decided by the number of mirror layers and cavity layers of the BPF. We fabricated a BPF with a -3-dB bandwidth (Δ_{-3dB}) of 2 nm and a double cavity, as shown in Fig. 7. The multilayer BPF comprises two cavity layers, four mirrors (each mirror consists of six layers) and one coupling layer, so the total number of layers in the multilayer is 27 and the total thickness is $\sim 5 \mu\text{m}$. All layers except the cavity layers have a quarter-wavelength ($\lambda/4$) optical thickness, where λ is the design wavelength and the cavity layers are multiples of the half-wavelength ($\lambda/2$) optical thickness.

The total number of layers of the multilayer depends on the multilayer materials used. Table 2 lists the total number of layers calculated for a multilayer structure made from materials such as α -Si:H/SiO₂ and Ta₂O₅/SiO₂. Here the refractive indices of α -Si:H, Ta₂O₅, and SiO₂ are assumed to be 3.6 ($=n_H$), 2.1 ($=n_L$), and 1.44 ($=n_L$) at $\lambda = 1550 \text{ nm}$, respectively. Hence the refractive-index contrast (n_H/n_L) of α -Si:H/SiO₂ and Ta₂O₅/SiO₂ becomes 2.5 and 1.45, respectively. The number of mirror layers and the total number of layers of the multilayer depend on the refractive-index constant. The higher the refractive-index contrast, the smaller the total number of layers. For example, as shown by Table 2, the α -Si:H/SiO₂ multilayer with 2-nm bandwidth and the double cavity ($N = 2$) needs 27 ($= 14 \times 2 - 1$) layers, whereas the Ta₂O₅/SiO₂ multilayer with the same performance needs 59 ($= 30 \times 2 - 1$) layers. The smaller total number for the α -Si:H/SiO₂ multilayer is an advantage in fabricating BPFs.

When one is fabricating multilayer BPFs it is important to control the optical thickness of each layer accurately in multiples of $\lambda/4$, so we used an *in situ* optical monitoring system with sputtering equipment, as shown in Fig. 1. This system is composed of a tunable laser diode (spectrum width, 200 MHz at $\lambda = 1550 \text{ nm}$), single-mode fibers, a 1×2 optical fiber coupler, and two photodetectors. A laser diode beam propagates in the single-mode fibers and is then incident onto a substrate in the chamber of the sputtering equipment via a view port. The incident beam is reflected at the lower surface of the substrate because the upper surface is coated with an antireflection coating. The reflected beam is detected by

Table 2. Comparison between the Total Number of Layers of an α -Si:H/SiO₂ Multilayer and That of a Ta₂O₅-SiO₂ Multilayer^a

Channel Spacing (GHz) [nm]	-3 dB Bandwidth (nm)	α -Si:H/SiO ₂		Ta ₂ O ₅ /SiO ₂	
		Number of Mirror Layers	Total Number of Layers	Number of Mirror Layers	Total Number of Layers
1000 [8.0]	5	5	$12N - 1$	11	$24N - 1$
400 [3.2]	2	6	$14N - 1$	14	$30N - 1$
200 [1.6]	1	7	$16N - 1$	16	$34N - 1$

^a N is the numbers of cavity layers.

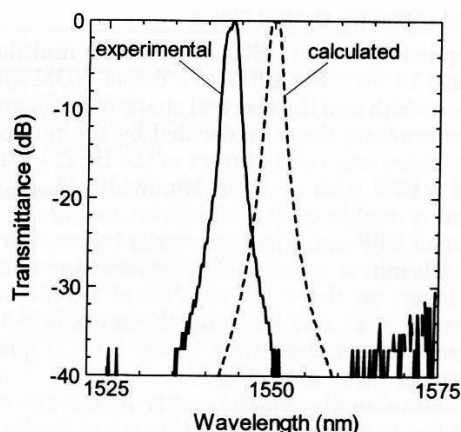


Fig. 8. Experimental and calculated spectra of an α -Si:H/SiO₂ BPF with 27 layers upon a silica substrate.

the photodetector. The intensity of the reflected beam is monitored during α -Si:H/SiO₂ multilayer deposition, so we call it a monitoring beam. The monitoring beam's intensity changes as a sinusoidal function of deposition time, and the change has local extreme peaks at certain times. Just at the deposition time of the local extrema, the film thickness becomes an exact multiple of the $\lambda/4$ optical thickness,¹² so we should switch the gas flow ratio O₂/(Ar + H₂ + O₂) at precisely this moment.

The substrate temperature must be controlled if one is to find the local extreme peak in the optical monitoring change in beam intensity. Substrate temperature must be controlled to stabilize the optical monitoring measurements and to prevent a difference between measurement and theory. Therefore we maintain the substrate temperature constant at 150 °C by using a heater and a thermocouple, as shown in Fig. 1.

For practical use, the spectrum of a BPF must be stable against changes in temperature. However, the thermo-optic coefficient of α -Si:H film is so high that a spectrum shift may occur. Figure 8 shows experimental and calculated transmission spectra of the α -Si:H/SiO₂ BPF fabricated by use of the optical monitoring system. The experimental spectrum was measured at room temperature, so the center wavelength at the transmittance peak is shifted shorter than $\lambda = 1550$ nm. Damash *et al.* first pro-

posed an α -Si:H/Si₃N₄ tunable filter by applying such a thermal peak shift.¹³ The peak shift is clearly explained by the temperature stability of the center wavelength (TSCW) of the BPF, which is described below. The transmission loss at the peak was experimentally determined to be ~ 0.13 dB. The -3 -dB bandwidth of 2 nm in the experimental spectrum almost agrees with that in the calculated spectrum, except for slight distortion of the spectrum shape about its transmission peak.

There are two methods of dealing with the shift of the center wavelength caused by temperature change: One is to reduce the shift for thermal stability and the other is to utilize the shift for applications such as thermally tunable filters. In reducing the shift we should use a proper substrate that has a higher linear expansion coefficient.¹⁴ In Ref. 14 the relationship between the TSCW of a BPF and a substrate expansion coefficient is given by strict equations, but the relationship is not immediately clear from these equations. We therefore derive a simple equation under some approximations (see Appendix A) as follows:

$$\text{TSCW} = \lambda(\delta + C_2\beta - C_1\alpha), \quad (1)$$

where λ is wavelength, δ is the thermo-optic coefficient of the multilayer, α and β are the linear expansion coefficients of the substrate and the multilayer, respectively, and C_1 and C_2 are constants that are not related to the substrate, as shown in Table 3. Equation (1) indicates that the TSCW decreases in proportion to α . Therefore α should be chosen to cancel δ and β such that the TSCW will become zero.

We examined the TSCW of the α -Si:H/SiO₂ BPF on two substrates with different linear expansion coefficients (α): a silica substrate ($\alpha = 0.5 \times 10^{-6}/^\circ\text{C}$), and the Ohara WMS-02 substrate ($\alpha = 11 \times 10^{-6}/^\circ\text{C}$) that is commonly used in fabrication of Ta₂O₅/SiO₂ BPFs. We measured the BPF spectrum at each temperature by using a tunable laser diode, a heater, and a photodetector, as shown in Fig. 1. Figure 9 shows the experimental ratio of center wavelength to temperature. From the slopes of the fitting line in Fig. 9, the TSCW of the BPF on the silica substrate and the Ohara WMS-02 substrate are estimated to be 72 and 27 pm/°C, respectively. Hence we estimate the value of α that yields TSCW = 0 to be $\alpha = 17 \times 10^{-6}/^\circ\text{C}$ by substituting the data (α , TSCW) = ($0.5 \times$

Table 3. Material Parameters of a Multilayer and a Substrate

Parameter	Subject	Symbol	Unit	Typical Value
Temperature stability of the center wavelength	BPF upon a substrate	TSCW	pm/°C	0–70
Wavelength	Laser diode	λ	nm	1550
Linear expansion coefficient	Substrate	α	°C ⁻¹	10^{-6} – 10^{-5}
Linear expansion coefficient	Multilayer BPF	β	°C ⁻¹	10^{-6}
Thermo-optic coefficient normalized by N_0	Multilayer BPF	δ	°C ⁻¹	10^{-5}
Effective refractive index	Multilayer BPF	N_0		1–3
Poisson ratio	BPF upon a substrate	s		0.1–0.3
Constant	Multilayer BPF	C_1, C_2		0.2–2.6

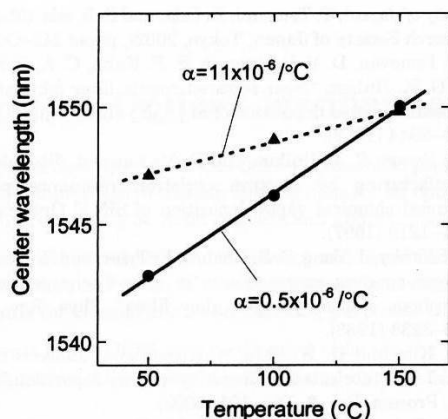


Fig. 9. Temperature stability of the center wavelength of α -Si:H/SiO₂ BPFs upon two substrates with different linear expansion coefficients (α): silica substrate ($\alpha = 0.5 \times 10^{-6}/^{\circ}\text{C}$) and an Ohara WMS-02 substrate ($\alpha = 11 \times 10^{-6}/^{\circ}\text{C}$).

$10^{-6}/^{\circ}\text{C}$, 72 nm) and ($11 \times 10^{-6}/^{\circ}\text{C}$, 27 nm) into Eq. (1).

When we use the center wavelength shift for thermal tuning, however, we may use a substrate with α either much smaller than $17 \times 10^{-6}/^{\circ}\text{C}$ or negative. Figure 10 shows the α -Si:H/SiO₂ BPF spectra for a silica substrate as a function of temperature. The thermal tunability coefficient obtained is $\sim 0.07 \text{ nm}/^{\circ}\text{C}$. For the coefficient of $0.08\text{--}0.15 \text{ nm}/^{\circ}\text{C}$ reported in Ref. 13 when α -Si:H/Si₃N₄ was used, the measured value $0.07 \text{ nm}/^{\circ}\text{C}$ is almost the same. It is noteworthy that the refractive-index contrast of the α -Si:H/SiO₂ multilayer reported here is much higher than that of α -Si:H/Si₃N₄ film. On changing the temperature from 25 to 200 $^{\circ}\text{C}$, we estimate that the α -Si:H/SiO₂ filter will be able to cover the quarter range 10 nm of the C band. Equation (1) suggests that the use of substrates with negative expansion coefficients ($\alpha < 0$) could increase the thermal tunability coefficient.

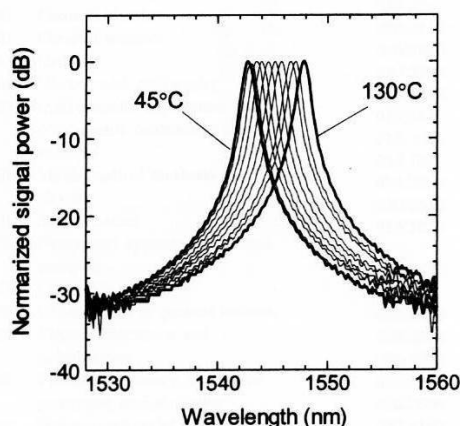


Fig. 10. Transmission spectra of a one-cavity α -Si:H/SiO₂ BPF upon a silica substrate as a function of temperature.

4. Conclusions

We examined the optical properties of α -Si:H/SiO₂ multilayer films fabricated with RF magnetron sputtering for optical BPFs. For RF power 300 W, gas pressure 0.7 Pa, and substrate temperature 150 $^{\circ}\text{C}$ the refractive indices of the α -Si:H and SiO₂ films were 3.6 and 1.44, respectively, at $\lambda = 1550 \text{ nm}$. Because of high refractive-index contrast between α -Si:H and SiO₂ ($n_H/n_L = 2.5$) compared with that of conventional materials such as Ta₂O₅/SiO₂ ($n_H/n_L = 1.45$), the total number of α -Si:H/SiO₂ multilayer BPFs can be almost half that of a Ta₂O₅/SiO₂ BPF. We also obtained the α -Si:H extinction coefficient $k < 1 \times 10^{-4}$ at $\lambda = 1550 \text{ nm}$ and confirmed by FTIR that such small k is influenced by the Si-H bonding in the film.

We fabricated an α -Si:H/SiO₂ BPF with 27 layers and 2-nm bandwidth by using *in situ* optical monitoring. We investigated the TSCW of this BPF and found that a substrate expansion coefficient of $17 \times 10^{-6}/^{\circ}\text{C}$ is required for a value of TSCW = 0 to be achieved. The thermal tunability coefficient of the α -Si:H/SiO₂ BPF on a silica substrate was found to be $0.07 \text{ nm}/^{\circ}\text{C}$.

Appendix A

The TSCW of a narrow BPF is given by Eq. (19) of Ref. 14 as follows:

$$\text{TSCW} = \lambda \left(\frac{n_T d_T}{n_0 d_0} - 1 \right), \quad (\text{A1})$$

where λ is the center wavelength, n_0 and n_T are the effective refractive indices of the BPF and d_0 and d_T are the physical thicknesses of BPF at temperatures of T_0 and $T_0 + 1$, respectively. n_T and d_T are functions of several parameters, i.e., α , β , δ , and s , which are defined in Table 3. Here we make the following reasonable assumptions when BPF films are deposited by sputtering, ion beam deposition, etc.:

- (i) Average packing density of a narrow BPF, $P_0 \approx 1$.
- (ii) The values of α , β , δ , $A = 2(1 - 2s)/(1 - s)(\alpha - \beta)$ and $B = 2s/(1 - s)(\alpha - \beta)$ range in order from 10^{-6} to 10^{-4} .

Under assumption (i), Eq. (1) of Ref. 14 becomes $n_0 \approx N_0$. Under assumption (ii), the value of x ($=\alpha$, β , δ , A , B) is much larger than that of x^2 , so x^2 can be abbreviated. Under these assumptions, n_T and d_T are simply given by Eqs. (18) and (15) of Ref. 14:

$$\begin{aligned} n_T &\approx \frac{N_0(1 + \delta)(1 + 3\beta) + A}{1 + 3\beta + A} \\ &\approx N_0 \left(1 + \delta - \frac{N_0 - 1}{N_0} A \right), \end{aligned} \quad (\text{A2})$$

$$d_T = d_0(1 - B + \beta). \quad (\text{A3})$$

From Eqs. (A2) and (A3), the TSCW in Eq. (A1) can be rewritten as

$$\begin{aligned} \text{TSCW} &\equiv \lambda \left(\delta + \beta - \frac{N_0 - 1}{N_0} A - B \right) \\ &\equiv \lambda (\delta + C_2 \beta - C_1 \alpha), \end{aligned} \quad (\text{A4})$$

$$\begin{aligned} C_1 &= 2 - \frac{2}{N_0} \frac{1 - 2s}{1 - s}, \\ C_2 &= C_1 + 1, \end{aligned} \quad (\text{A5})$$

where s and N_0 are Poisson's ratio and the effective refractive index of the BPF, respectively.

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